



Forest Hills Rotary Club

District 7300 Club #5187

The Rota-“tree” News • Volume 2, Issue No. 1 • August 2009

Breaking News! Flamingo Flocks Land in Forest Hills!



Above: Forest Hills Rotarians, **Dr. Robert Dove** (left) and **Nina Stahlberg** (right) pose with a Flamingo Flock that landed at Juniper Village Assisted Living and Wellspring Memory Care on July 10, 2009.

Photo Provided by: Bonnie Prisk

Hordes of **Flamingo Flocks** have landed in Forest Hills and its surrounding communities!

On Friday, July 10, 2009 the residents and staff at **Juniper Village Assisted Living and Wellspring Memory Care** in Forest Hills woke up to three flocks of bright pink flamingos on their front lawn.

The flamingos were part of a fund-raising program currently being offered by the **Forest Hills Rotary Club**.

For just \$20.00 the Rotary club will flock a home or business in your local area. It's a great way to celebrate a wedding, anniversary or a grandchild's birth.

Personalize your message! A "You've Been Flocked!" yard sign is posted with every flock. Attached to the back of each yard sign is a waterproof sleeve designated for your message. When your friend, co-worker or relative looks out the window and discovers the Flamingo Flock landing, they will be able to read your personalized message!

All proceeds from the Flamingo Flocks will go to support both local and international Rotary projects.

The **Forest Hills Rotary Club** will be offering the Flamingo Flock service through Autumn.

For more information or to schedule a local Flamingo Flock landing, please contact the Dr. Robert Dove at (412) 731-8260.



Above: Personalize your message! A "You've Been Flocked!" sign is posted with every Flock.

NEW "Pure Water For All" Candle Filters

Article Submitted by
Tom Nunnally

The factory in Tegucigalpa, Honduras, is doing great. Our goal was to make 200 filters per week. The sponsored owner, **Maximo Andreas**, is turning out over 1000 per month.

The filters are being distributed by Rotary, **Shoulder to Shoulder** volunteer doctors and several church groups (photograph of the **Rescue Task Force of San Diego** distributing the filters along with the **Tocca Rotary Club of Honduras** on page 2).

You can see the filters in action by going to our web site at www.purewaterforall.org and clicking on the link page; select **Rescue Task Force**.

Because many of the pot filters are damaged when they are shipped over long distance on rutted roads, **Maximo, Manny Hernandez** (Northern Illinois University), and the **Rescue Task Force** developed a candle filter (photographs on page 2). The yield is not as good as the pot filter, but it is much easier to transport. There is not much of a cost savings, as the candle filter takes more parts and needs two buckets.

Meanwhile, we have continued to improve the pot filter. We now have a cone shape instead of the flower pot shaped filter.

The cone shape strengthens the water filter and permits the mold to be made out of concrete rather than the aluminum mold that has to be milled.

We have experimented with the clay and combustible mix and found that we can vastly improve the water flow rate without compromising the purification result. We can purify up to 5 liters of water per hour rather than the previous rate of one liter per hour.

The cost of silver has also gone up by 50%, but we use so little of it that it does not significantly added to the cost of each unit (filter, bucket and spigot).

We are in the early stages of introducing the water filters to India (the poster child for polluted water). We are working with a local university that has a partnership with the **University of Bangalore**.

We hope to establish a manufacturing and teaching facility there where potential operators (with potential Rotary sponsors for a manufacturing and distribution site) from all over India can come to learn how to make the water filters.

We thank you for your interest and thank you again for all of your support! If you have any questions, please contact **Tom Nunnally** at tom.nunnally@comcast.net.

Announcements

Churchill-Wilkins Rotary Club is hosting a Football Pool!

\$50 includes all 16 regular season games and 3 playoff games for the Steelers. The winner at the end of a game gets \$75 and the winner at half time gets \$25. You stay in the pool each week even if you win.

If you want a square or multiple squares, please contact **Charles Bostaph**: cbostaph@ccac.edu | P: 724.325.6650

Proceeds support their scholarship fund!

PLACE YOUR ROTARY CLUB NEWS HERE!

If you have any public information, news and/or club announcements that you would like to have published in the Forest Hills Rotary Club's *The Rota-“tree” News* newsletter, please send an E-mail to Lenore M. Wetzel at: lenorewetzel@gmail.com or contact via phone at: 412.735.8429.



Right: Forest Hills Rotarian, **Dr. Robert Dove** poses with a small bunch of Rotary logo balloons during Community Days in the Forest Hills Park on July 4, 2009.

Photo Provided by: Janet Elder

Left: Forest Hills Rotarians, (pictured from right to left) **Dr. Robert Dove, Danielle Robinson** and her daughter, **Jazmin** stuff F. H. Rotary Club bookmarks in children's books.

Books were donated by **Half Price Books** located in Monroeville, PA.

Photo Provided by: Janet Elder

Right: A happy little girl, poses with a a Rotary logo balloon.

Photo Provided by: Janet Elder

Rotarian Magazine: "Day in a Life" of Rotary

The first "Day in a Life" of Rotary will take place on Saturday, October 10, 2009. Every Rotarian's assistance with this effort is greatly appreciated.

On Saturday, October 10, 2009, Rotarians worldwide will take photos of club members in action. The Rotarian magazine is looking for a wide variety of photographs that showcase all aspects of Rotary life. Get your club members together, and get creative.

Shoot photos of Rotarians digging wells or planting trees, raising funds to eradicate polio or educate children, building parks or painting schools, leading a Group Study Exchange team or hosting a Rotary Youth Exchange student, playing golf or piloting an airplane with a Rotary Fellowship, networking at a local pub or baseball game, or attending a Rotary club meeting in a familiar place or an unusual location.

The Rotarian is also interested in photos of or by Interactors, Rotaractors, alumni and other members of the family of Rotary.

Rotary clubs worldwide can E-mail up to three high-resolution photos to rotarian@rotary.org.

All photos must be taken on October 10, 2009 and submitted by Saturday, October 17, 2009. Be sure to specify who's in the photo, what they're doing, where they are, what time the photo was taken and who took it.



"The Meal Fights Hunger" Saturday, August 29, 2009

The Carnegie Area Ministerial Association and The Carnegie-Collier ROTARY will sponsor a two hour meal packing event to support the **Greater Pittsburgh Community Food Bank**.

On the morning of Saturday, August 29th, church members of the Hillside Christian Community Church (1050 Campbell's Run Road, Carnegie), Rotarians, students, scouts and local volunteers will be supporting the two shifts needed for this assembly line packaging of the nutritional, fortified dried chicken flavored rice casseroles that will be given to area food banks free of charge. Six meals are assembled in each bag and bags are then boxed. Come join the fun with jobs for all ages.

"The Meal Fights Hunger" campaign relies on the generosity of donors. More than 95,000 meals were packed at our first event in June.

All money raised is used to package the meals at a cost of approximately \$0.12 per meal. Volunteers are asked to donate \$25. Fifty volunteers are needed per shift: 9 to 11 a.m. and 11:30 a.m. to 1:30 p.m. More than 50,000 meals will be packed that day. Local food banks report a 30% increase in requests; so your help is vital.

Thank you for helping to feed our hungry! For more information, please contact: **Cindi Hewitt** via E-mail at cpr454@aol.com or via phone at (412) 249-8190.

"The Four Way Test" Twice in One Week

Article Submitted by *Dr. Robert Dove*

It's funny how you can recite "The Four Way Test" every week for months without thinking about it's true meaning and then suddenly find two useful applications for it in one week.

I was discussing business ethics with my Business Communications class one morning at the University of Pittsburgh when I suggested to them that they write down their ethical principles and post them on the wall of their cubicles at work. When they must make a decision, they would not lose sight of those principles. They asked for an example and I suggested that they could use "The Four Way Test" to determine if the decision that they were about to make was, (1) based on the truth, (2) fair to all concerned, (3) would build goodwill and better friendships or relationships and (4) beneficial to all concerned. This seemed to sit well with the entire class.

The day after, a colleague at work approached me with a problem that he was having with another colleague. When he asked for my advice on how to handle the situation I responded with "The Four Way Test". As I asked the four questions, he was able to sort out his thoughts and create a strategy for dealing with the issue.

Who would have thought that this simple test was so useful?



Above: Rescue Task Force of San Diego distributing the filters along with the Tocca Rotary Club of Honduras.



NEW "Pure Water For All" Candle Filters

Photographs Submitted by *Tom Nunnally*

Left and Above: Pure Water For All Candle Filter.

Visit www.purewaterforall.org for more information and images.



Web Addresses & E-mail Directory

Rotary International	www.rotary.org
Rotary - District 7300	www.rotarydistrict7300.org
Forest Hills Rotary Club	www.foresthillslotary.org
Pure Water for All	www.purewaterforall.org
PA eMentoring	www.pa-ementor.org

DISTRICT 7300

E-mail Address

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Sandra Rebholz (District Secretary)	district.secretariat@rotarydistrict7300.org

OUR MEMBERS

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OUR HONORARY MEMBERS

Jay Costa	N/A
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Beverly Overand	boverand@comcast.net
Dick Wukich	rwukich@pathway.net

FOUNDATION COMMITTEE
Bob Brindley,
Nina Stahlberg & Tom Nunnally

CLUB ADMINISTRATION
Nina Stahlberg & Bob Brindley

MEMBERSHIP COMMITTEE
Scott Yusavage, Dr. Robert Dove,
Gladys Maharam,
Phil Hilf & Joel Klein

FUND-RAISING COMMITTEE
Bonnie Prisk, Marlene Gumbert
Morton Stanfield,
Jo Ann Meier & Kevin Zhukas

CLUB/COMMUNITY SERVICE
Janet Elder, Mary Flummer
Danielle Robinson & Ken Wolff

INTERNATIONAL SERVICE
Tom Nunnally & Sally Gould

LITERACY COMMITTEE
Gladys Maharam & Hans F. Lessmann

VOCATIONAL SERVICE
Colleen Carr,
Betty Dunn & Hans F. Lessmann

PUBLIC RELATIONS
Lenore M. Wetzel & Robert Wolfe



Meets: Wednesdays, 7:00 AM
 2060 Ardmore Boulevard
 Forest Hills, PA 15221-4313
 P: 412.271.1556

Other Local Area Meetings:

Braddock - Grand View Golf Club
Thursdays, 12:00 PM

Churchill - Edgewood Country Club
Wednesdays, 12:00 PM

Monroeville Sunrise - Denny's Restaurant
Tuesdays, 7:15 AM

Monroeville - Edgewood Country Club
Thursdays, 12:15 PM

Penn Hills - Comfort Inn
Thursdays, 12:00 PM

Turtle Creek - Keystone Commons
Fridays, 12:00 PM

Wilkinsburg - S. Avenue Methodist Church
Tuesdays, 12:15 PM



EDITOR-IN-CHIEF
 Lenore M. Wetzel

If you have information that you would like to have published, please contact me:

lenorewetzel@gmail.com
C: 412.735.8429



THE FOUR-WAY TEST

Of things we think, say, and do.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all **CONCERNED**?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all **CONCERNED**?

August 2009

"Membership" Month

Have you heard of M&M's candy? Have you ever tried M&M's candy?
 99% of you will answer yes, but did you know that M&M
 is Rotary jargon for MEMBERSHIP and MONEY?
 This month on Rotary's calendar is membership month.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	○ Full Moon 5 Club Assembly Meeting: 7:00 AM Drew's Family Restaurant	6	7	8 District 7300 Golf Outing Beaver Valley Golf Club
9	10	11	12	● Last Quarter 13 Club Assembly Meeting: 7:00 AM Drew's Family Restaurant	14	15 FREE Concert in the Park 7:00 PM Forest Hills Recreation Ctr. (Westinghouse Lodge)
16	17	18	19	● New Moon 20 Program by: Dennis Crawford Meeting: 7:00 AM Drew's Family Restaurant	21	22
23	24	25	26	● First Quarter 27 Program by: Greg Incardona Meeting: 7:00 AM Drew's Family Restaurant	28	29 Board Meeting Meeting: 9:00 AM Nina Stahlberg's House 211 Washington Road Pittsburgh, PA 15221
30	HAPPY BIRTHDAY! Ginnie Headrick Honorary Rotarian					

Forest Hills Rotary Club

Lenore M. Wetzel - President
 1514 Grant Street
 New Kensington, PA 15068

Meets: Wednesdays, 7:00 AM
Drew's Family Restaurant
 2060 Ardmore Boulevard, Forest Hills, PA 15221-4313
 P: 412.271.1556

"SERVICE ABOVE SELF"